



PROTECTING CHILDREN AND ADULTS FROM ABUSE, NEGLECT OR EXPLOITATION

Are you worried that an adult or child is being abused, neglected, or exploited? Or is it happening to you?

Please report it, now.

You will be listened to. You will be taken seriously.
We will be discreet, respectful and we will not judge.
Our priority is the safety and dignity of anyone at risk.

If a vulnerable person needs support they will get it.

Is someone in danger now? Call 999

Otherwise call Islington Council's safeguarding team:

if it is about an adult 020 7527 2299

if it is about a child or children 020 7527 7400

Please tell us too so we can help find a remedy.

Call 020 7704 2324 Email info@barnsbury.org

Our staff are trained to look out for signs of what we call safeguarding risks or domestic abuse.

Safeguarding means protecting children and vulnerable adults from abuse, neglect or exploitation.

Domestic abuse can include controlling behaviour, emotional abuse, threats, physical violence, coercion, sexual abuse, or financial abuse.

Some tell-tale signs

- unexplained injuries
- appearing fearful, isolated or withdrawn
- a sudden change in behaviour or general wellbeing
- seem to have no or only limited control over their own finances
- are unusually quiet or reluctant to share news or views
- it seems intimidation or threats are being made
- not allowed to leave home.

If are being abused in your own home or suspect domestic abuse is happening to another person call for support and/or advice

Solace Women's Aid

From Monday to Friday, 10am to 4pm, call 080 8802 5565

For advice and rights call 020 3795 5070

IMECE Women's Centre

For Turkish-speaking women aged 18+ call 020 7354 1359, 9.30am to 5.30pm

North London Rape Crisis (Solace)

Call 080 8801 0305

The Havens

Call the sexual assault referral centre, day or night, on 020 3299 6900

National Domestic Abuse Helpline

Call day or night on 0808 2000 247

Hourglass

For support for older people, day or night, call 0808 808 8141

How we can help

Please tell us about your concerns so we too can help find a remedy. We will:

- listen to and support you
- help you make a list of the reasons for your concern - this will help get an investigation off to a strong start
- liaise with Islington Council
- arrange any emergency repairs or measures needed for safety
- get welfare checks carried out
- liaise with the police and other services to make sure anyone at risk is safe and getting the right support.

Call us on 020 7704 2324 or email us at info@barnsbury.org

DO YOU NEED HELP TO READ OR SPEAK ENGLISH?



We can use a translator or get this leaflet translated if English is not your first language.